



# Apples, bread, milk (...)

Learning doesn't need specific tools. It often happens incidentally, spontaneously, without being planned. Ordinary, daily tasks can be powerful opportunities to help children to learn.

When you go to the supermarket or local market, your children will want to know the names of new seasonal products. They will ask many questions. These questions help them to develop a better understanding of the world of food and other items you buy.

## What to do:

- Look inside your fridge, the kitchen cupboard, the bathroom cabinet (...). Ask your children: *What do we need to buy? What would you like to buy?* (...) Let them help you make a shopping list.
- Ask them what they see, hear, smell, taste; describe new food (seasonal products), ask your children what they like or don't like; allow them to discover new fruits, vegetables; invite them to describe their first impressions (...).
- Give your children a task to do. This will help to engage them. You might ask them to pick 1 packet of noodles, 2 bread rolls, 5 oranges (...); invite them to think about how many apples you need if the members of your family are to get one each (...).
- Don't hesitate to do this in all the languages you know; compare words in different languages; discover similarities and differences: *tomate* and *tomato*; *Milch* and *milk*, *pane* and *bread* (...).



Source: Unsplash

## Some more ideas:

The short video "[Apricots](#)" shows how to turn a weekly shopping trip into an exciting journey of discovery, filled with different learning opportunities. The video is one of 65 available on the website "[Learning opportunities for children up to age 4](#)", a Swiss project which shows what inspiring language learning on an everyday scale may look like. The video clips are designed for parents and teachers and are available in 13 different languages.