



## Ready to do: Daily picture schedules

- You probably need to work during the day. It can be difficult for children to understand when you are available, and when they need to do things independently. Knowing what to expect can make it easier for them to be independent when needed.

### What you need:


- Paper and crayons, scissors, glue, cardboard.

### What to do:

- Walk through your child's schedule and discuss which times they will be with you or another grown-up, and which times they will be playing independently.
- Draw, together with your child, pictures or symbols of daily activities on small pieces of paper. [Printable schedules](#) are available on the website [Khan Academy Kids](#).
- Arrange the pictures in the correct order and stick them on the cardboard. Mark these in some way for your child's reference. You can put a green dot next to activities that will be completed with a grown-up's help, and a purple dot next to activities that they will do independently.
- Throughout the day, you can model using the schedule. "During play time, there is a purple dot, so I'm going to do work at that time. After your play time, we're going to do learning time together!" If children know the next time, they will get to be with you, it can be easier for them to complete an activity independently.

### Some more ideas:

- Use a picture schedule for children up to 4 or 5. Young children have already developed a general sequencing. They understand what's happening now, what's comes next, and what has already happened.
- For older children, you can use symbols of time (e.g. pictures of a clock) or write down the activities. To practice language awareness, you can describe activities in two or more languages.

11	12	13	14	15
				
Art	Snack	Fitness	Free time	Play

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